

# Pierce Chiropractic & Rehabilitation

---

## Notice to Patients

Dear Patients,

We would like to assure all of you that we are closely monitoring the Coronavirus (COVID-19). Your health and the health of our staff are our top priorities.

We have implemented the following:

- Increased frequency and cleaning of our office. This includes, but is not limited to, iPads, patient rooms, exercise equipment/supplies and other high touch areas.
- Reviewed with our staff about prevention and spread of disease.

Here's what we can all do:

- Wash hands often with soap and water for at least 20 seconds.
- Use alcohol-based hand sanitizer when soap is not available.
- Avoid touching your face, eyes, nose and mouth.
- Cover your mouth when coughing or sneezing.
- Avoid contact with people who are sick.
- Stay home if you are not feeling well.
- Avoid large gatherings, especially if you are elderly, otherwise at risk, or a caretaker to those at risk.
- Vitamins C and D along with the mineral Zinc have potent immune effects so supplement if necessary.
- Proper rest and activity are two often forgotten immune boosters and are absolutely vital!

We are currently planning on operating during normal business hours. However, we will continue to closely monitor the situation as it evolves. If we deem it necessary to close, we will contact all patients whose appointments are affected. We will also do our best to inform our patient base at large via email and Facebook if and when we need to temporarily close. Again, the health of our patients and staff is of the utmost importance.

We pray for good health for you and your family during this time.

Sincerely,  
The Pierce Chiropractic & Rehabilitation Team